



CERTIFICATE OF ACHIEVEMENT

This is to certify that

GWLADYS EXTREMERA (47y) 

has successfully competed in
French National Championships

Saint Louis, Haut Rhin

09-Jan-2026

100m Freestyle in 01:18.79 minutes

Overall 5th / Age Group (45-49y) 2nd

Category Women

Certified Pool Course

Water 4.47°C, Wind Chill 0.00°C, Altitude 0m, 47.59° N




Ram Barkai
IISA Chair

France
Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION