



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Mignon Willems (40y)** 

has successfully competed in

**Rijn Ice Swim**

Eiland van Maurik

18-Jan-2026

**100m Freestyle in 01:23.83 minutes**

Overall 1st / Age Group (40-44y) 1st

Category Women

Pool Course

Water 4.60°C, Wind Chill -0.60°C, Altitude 0m, 51.98° N



  
**Ram Barkai**  
IISA Chair

*Netherlands*  
*Chair & Board*

