



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Marcelle Stiemens (58y) 

has successfully competed in
IISA SA Ice Swimming Nationals

Bloemfontein, Sentraal Highschool

26-Jul-2025

100m Freestyle in 01:16.66 minutes

Overall 0th / Age Group (55-59y) th

Category Women

Pool Course

Water 9.85°C, Wind Chill -3.20°C, Altitude 1395m, 20.07° S

N-ICE Swim (>5°C)




Ram Barkai
IISA Chair

South Africa
Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION