



CERTIFICATE OF ACHIEVEMENT

This is to certify that

rena demeo (54y) 

has successfully competed in

IISA USA Nationals

Brookfield Swim Club Chantilly, VA (Washington DC Area)

13-Jan-2024

100m Freestyle in 02:38.41 minutes



Overall 18th / Age Group (55-59y) 2nd

Category Women

Certified Pool Course

Water 3.90°C, Wind Chill 0.00°C, Altitude 0m, 38.88° N

