



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Pat Cooke-Rogers (62y) 

has successfully competed in
IISA GB Championships 2019

Hatfield Outdoor Activity Centre

05-Jan-2019

100m Freestyle in 02:02.19 minutes

Overall 6th / Age Group (60-64y) 1st

Category Women

Open Water Course

Water 5.50°C, Wind Chill 4.50°C, 53.58° N

N-ICE Swim (>5°C)



Ram Barkai
IISA Chair

Great Britain
Chair & Board

