



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Ram Barkai (61y) 

has successfully competed in

IISA III World Champ Murmansk 2019 / I Arctic Cup 2019

murmansk, seymonovskoe lake, Russia

14-Mar-2019

200m Freestyle in 03:05.96 minutes

Overall 16th / Age Group (60-64y) 2nd
Category Men

Certified Pool Course

Water 0.00°C, Wind Chill -6.30°C, 68.97° N




Ram Barkai
IISA Chair

Russian Federation
Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION