



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Allison Cuthbertson (52y) 

has successfully competed in
IISA GB Championships 2019

Hatfield Outdoor Activity Centre

05-Jan-2019

200m Freestyle in 06:59.07 minutes

Overall 6th / Age Group (50-54y) 2nd

Category Women

Certified Pool Course

Water 5.50°C, Wind Chill 4.50°C, 53.58° N

N-ICE Swim (>5°C)



Ram Barkai
IISA Chair

Great Britain
Chair & Board

