



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Ailen Lascano Micaz (27y) 

has successfully competed in
Ice Swimming Aqua Sphere German Open

Veitsbronn

04-Jan-2019

200m Freestyle in 03:09.04 minutes

Overall 7th / Age Group (25-29y) 2nd

Category Women

Open Water Course

Water 1.40°C, Wind Chill 2.00°C, 49.51° N



Ram Barkai
IISA Chair

Germany
Chair & Board

