



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Arthur van Dijk** (51y) 

has successfully competed in

**Amstel Ice Swim**

Amsterdam, the Amstel

30-Dec-2018

**200m Freestyle in 07:30.53 minutes**

Overall 8th / Age Group (50-54y) 3rd

Category Men

Open Water Course

Water 5.70°C, Wind Chill 5.50°C, 52.29° N

**N-ICE Swim (>5°C)**



  
**Ram Barkai**  
IISA Chair

*Netherlands*  
*Chair & Board*



INTERNATIONAL ICE SWIMMING ASSOCIATION