



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Tracy Stiff (57y) 

has successfully competed in
Dutch open ice swimming

Zwembad Waterdam Volendam

19-Jan-2018

200m Freestyle in 06:20.53 minutes

Overall 7th / Age Group (55-59y) 2nd

Category Women

Certified Pool Course

Water 3.60°C, Wind Chill 0.30°C, 52.51° N




Ram Barkai
IISA Chair

Netherlands
Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION