



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Cari Graf** (42y) 

has successfully competed in  
**Antarctica 2026 - Stonington Island**

Stonington Island, Antarctica

04-Mar-2026

**500m Freestyle in 09:03.09 minutes**

Overall 1st / Age Group (40-44y) 1st

Category Women

Open Water Course

Water 1.90°C, Wind Chill 3.00°C, Altitude 0m, 68.19° S



  
**Ram Barkai**  
IISA Chair

*Antarctica*  
*Chair & Board*

