



CERTIFICATE OF ACHIEVEMENT

This is to certify that

stanka sylvestre (45y) 

has successfully competed in
French National Championships

Saint Louis, Haut Rhin

09-Jan-2026

500m Freestyle in 12:31.32 minutes

Overall 15th / Age Group (45-49y) 4th

Category Women

Certified Pool Course

Water 4.47°C, Wind Chill 0.00°C, Altitude 0m, 47.59° N




Ram Barkai
IISA Chair

France
Chair & Board

