



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Wilfrid GRUEL (52y) 

has successfully competed in
French National Championships

Saint Louis, Haut Rhin

09-Jan-2026

500m Freestyle in 06:35.40 minutes

Overall 3rd / Age Group (50-54y) 2nd
Category Men

Certified Pool Course

Water 4.47°C, Wind Chill 0.00°C, Altitude 0m, 47.59° N




Ram Barkai
IISA Chair

France
Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION