



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Valérie Giros (47y) 

has successfully competed in
French National Championships

Saint Louis, Haut Rhin

09-Jan-2026

500m Freestyle in 09:33.19 minutes

Overall 9th / Age Group (45-49y) 3rd

Category Women

Certified Pool Course

Water 4.47°C, Wind Chill 0.00°C, Altitude 0m, 47.59° N



Ram Barkai
IISA Chair

France
Chair & Board

