



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Theo van der Meer** (60y) 

has successfully competed in

**Rijn Ice Swim**

Eiland van Maurik

18-Jan-2026

**500m Freestyle in 09:33.60 minutes**

Overall 9th / Age Group (60-64y) 3rd

Category Men

Pool Course

Water 4.60°C, Wind Chill -0.60°C, Altitude 0m, 51.98° N



  
**Ram Barkai**  
IISA Chair

*Netherlands*  
*Chair & Board*

