



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Henry Lykke Stokholm (56y)** 

has successfully competed in  
Danish National Championships 2026

Faaborg  
23-Jan-2026

500m Freestyle in 06:48.82 minutes

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Overall 1st / Age Group (55-59y) 1st  
Category Men

Certified Pool Course

Water 0.63°C, Wind Chill -4.30°C, Altitude 0m, 55.10° N



  
Ram Barkai  
IISA Chair

*Denmark*  
*Chair & Board*

