



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Millie Bell** (26y) 

has successfully competed in  
**IISA GB Championships Winter 2025**

Stonehaven Lido

07-Dec-2025

**500m Freestyle in 07:27.40 minutes**

Overall 4th / Age Group (25-29y) 1st

Category Women

Pool Course

Water 6.60°C, Wind Chill 5.00°C, Altitude 0m, 56.58° N

**N-ICE Swim (>5°C)**



**Ram Barkai**  
IISA Chair

*Great Britain*  
*Chair & Board*

