



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Emmanuel Debost (66y) 

has successfully competed in
French National Championships

Palais des Sports de Megève

15-Dec-2024

500m Freestyle in 12:40.60 minutes

Overall 20th / Age Group (65-69y) 1st

Category Men

Pool Course

Water 4.48°C, Wind Chill 0.00°C, Altitude 1113m, 45.87° N




Ram Barkai
IISA Chair

France
Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION