



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Francois Lambrechts (51y) 

has successfully competed in
IISA NZ National Open Water Champs

Blue Lake St Bathans

10-Jul-2025

500m Freestyle in 09:25.16 minutes

Overall 3rd / Age Group (50-54y) 1st

Category Men [Disabled]

Open Water Course

Water 4.91°C, Wind Chill 2.00°C, Altitude 585m, 44.87° S




Ram Barkai
IISA Chair

New Zealand
Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION