



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Elizabeth Almond (51y)** 

has successfully competed in  
**IISA 6th WC - Molveno 2025**

Molveno, Italy

14-Jan-2025

**500m Freestyle in 08:13.03 minutes**

Overall 48th / Age Group (50-54y) 4th

Category Women

Certified Pool Course

Water 1.94°C, Wind Chill 1.00°C, Altitude 864m, 49.90° N



**Ram Barkai**  
IISA Chair

*Italy*  
*Chair & Board*

