



**X AMSTERDAM**  
**X ICE**  
**X SWIM**

## CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Janneke Harmsen Bakker (47y)** 

has successfully competed in  
**Amsterdam Ice Swim**

Jeugdland Amsterdam

15-Dec-2024

**500m Freestyle in 07:02.52 minutes**

Overall 1st / Age Group (45-49y) 1st

Category Women

Pool Course

Water 4.70°C, Wind Chill 3.30°C, Altitude 0m, 52.36° N



  
**Ram Barkai**  
IISA Chair

*Netherlands*  
*Chair & Board*

