



× AMSTERDAM  
× ICE  
× SWIM

## CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Lilianne Sweere** (27y) 

has successfully competed in  
**Amsterdam Ice Swim**

Jeugdland Amsterdam

15-Dec-2024

**500m Freestyle in 08:07.55 minutes**

Overall 3rd / Age Group (25-29y) 1st

Category Women

Pool Course

Water 4.70°C, Wind Chill 3.30°C, Altitude 0m, 52.36° N



  
**Ram Barkai**  
IISA Chair

*Netherlands*  
*Chair & Board*

