



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Adam OByrne** (43y) 

has successfully competed in  
IISA NZ & Southern Hemisphere Pool Championships

Alexandra Aquatic Center

11-Jul-2024

500m Freestyle in 07:29.26 minutes

Overall 4th / Age Group (40-44y) 1st

Category Men

Open Water Course

Water 2.26°C, Wind Chill -3.00°C, Altitude 150m, 45.24° S



  
**Ram Barkai**  
IISA Chair

*New Zealand*  
*Chair & Board*

