



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Rebecca Bowden (46y) 

has successfully competed in
IISA NZ & Southern Hemisphere Pool Championships

Alexandra Aquatic Center

11-Jul-2024

500m Freestyle in 09:28.43 minutes

Overall 15th / Age Group (45-49y) 2nd

Category Women

Open Water Course

Water 2.26°C, Wind Chill -3.00°C, Altitude 150m, 45.24° S



A stylized signature in blue ink, consisting of the letters 'R', 'A', and 'B' intertwined.

Ram Barkai
IISA Chair

New Zealand
Chair & Board

