



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Larry Spollen (46y) 

has successfully competed in

IISA USA Nationals

Brookfield Swim Club Chantilly, VA (Washington DC Area)

13-Jan-2024

500m Freestyle in 07:28.50 minutes



Overall 5th / Age Group (45-49y) 2nd

Category Men

Certified Pool Course

Water 3.90°C, Wind Chill 0.00°C, Altitude 0m, 38.88° N

