



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Tom Heyerdahl (61y) 

has successfully competed in
IISA USA Nationals

Brookfield Swim Club Chantilly, VA (Washington DC Area)
13-Jan-2024

500m Freestyle in 11:32.59 minutes



Overall 12th / Age Group (60-64y) 3rd
Category Men

Open Water Course

Water 3.90°C, Wind Chill 0.00°C, Altitude 0m, 38.88° N



Ram Barkai
IISA Chair

United States
Chair & Board

