



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Stephen Rouch (43y) 

has successfully competed in

IISA USA Nationals

Brookfield Swim Club Chantilly, VA (Washington DC Area)

13-Jan-2024

500m Freestyle in 06:28.46 minutes



Overall 1st / Age Group (40-44y) 1st

Category Men

Certified Pool Course

Water 3.90°C, Wind Chill 0.00°C, Altitude 0m, 38.88° N



Ram Barkai
IISA Chair

