



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Ailen Lascano Micaz** (32y) 

has successfully competed in  
5th World Championship - Samoens 2023

Samoens  
13-Jan-2023

500m Freestyle in 08:01.50 minutes

Overall 23rd / Age Group (30-34y) 6th

Category Women

Open Water Course

Water 3.70°C, Wind Chill 2.00°C, Altitude 1000m, 46.06° N



  
**Ram Barkai**  
IISA Chair

*France*  
*Chair & Board*

