



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Ballabio Patrizia** (56y) 

has successfully competed in  
**Amstel Ice Swim**

Amsterdam, The Amstel  
28-Dec-2019

**500m Freestyle in 15:27.96 minutes**

Overall 21st / Age Group (55-59y) 4th

Category Women

Open Water Course

Water 5.30°C, Wind Chill -2.80°C, 52.29° N

N-ICE Swim (>5°C)



  
**Ram Barkai**  
IISA Chair

*Netherlands*  
*Chair & Board*

