



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Philippe OUDOT (50y) 

has successfully competed in
Amstel Ice Swim

Amsterdam, The Amstel
28-Dec-2019

500m Freestyle in 12:56.32 minutes

Overall 15th / Age Group (50-54y) 7th
Category Men

Open Water Course

Water 5.30°C, Wind Chill -2.80°C, 52.29° N

N-ICE Swim (>5°C)



Ram Barkai
IISA Chair

Netherlands
Chair & Board

