



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Jörg Selbmann (47y) 

has successfully competed in
Ice Swimming Aqua Sphere German Open

Veitsbronn
04-Jan-2019

500m Freestyle in 07:46.80 minutes

Overall 7th / Age Group (45-49y) 2nd
Category Men

Open Water Course

Water 1.40°C, Wind Chill 2.00°C, 49.51° N




Ram Barkai
IISA Chair

Germany
Chair & Board

