



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Ailen Lascano Micaz (27y)** 

has successfully competed in  
**Ice Swimming Aqua Sphere German Open**

Veitsbronn  
04-Jan-2019

**500m Freestyle in 08:54.09 minutes**

Overall 6th / Age Group (25-29y) 2nd  
Category Women

Certified Pool Course

Water 1.40°C, Wind Chill 2.00°C, 49.51° N



  
**Ram Barkai**  
IISA Chair

*Germany*  
*Chair & Board*



INTERNATIONAL ICE SWIMMING ASSOCIATION