



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Arnout Angenent (45y)** 

has successfully competed in  
**Dutch open ice swimming**  
Zwembad Waterdam Volendam  
19-Jan-2018

**500m Freestyle in 08:19.67 minutes**

Overall 5th / Age Group (45-49y) 3rd  
Category Men

Certified Pool Course

Water 3.60°C, Wind Chill 0.30°C, 52.51° N



  
**Ram Barkai**  
IISA Chair

*Netherlands*  
*Chair & Board*

