



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Wilfrid GRUEL** (49y) 

has successfully competed in  
**Championnat de France Open D2,3**

Megève D 2+3

10-Dec-2022

**50m Backstroke in 00:35.27 minutes**

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Overall 4th / Age Group (45-49y) 1st

Category Men

Open Water Course

Water 4.70°C, Wind Chill -2.00°C, Altitude 1113m, 45.86° N



**Ram Barkai**  
IISA Chair

*France*  
*Chair & Board*

