



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Shany Goldental (37y)** 

has successfully competed in  
**Antarctica 2026 - Test swim**

Horseshoe Island, Antarctica

03-Mar-2026

**250m Freestyle in 05:25.16 minutes**

Overall 5th / Age Group (35-39y) 1st

Category Women

Open Water Course

Water 2.30°C, Wind Chill -4.40°C, Altitude 0m, 67.80° S



  
**Ram Barkai**  
IISA Chair

*Antarctica*  
*Chair & Board*

