



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Ingrid Versteegen** (52y) 

has successfully competed in

**Rijn Ice Swim**

Eiland van Maurik

17-Jan-2026

**250m Freestyle in 04:28.77 minutes**

Overall 6th / Age Group (50-54y) 2nd

Category Women

Pool Course

Water 4.60°C, Wind Chill -0.60°C, Altitude 0m, 51.98° N



  
**Ram Barkai**  
IISA Chair

*Netherlands*  
*Chair & Board*

