



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Albert Stienezen** (60y) 

has successfully competed in

**Rijn Ice Swim**

Eiland van Maurik

17-Jan-2026

**250m Freestyle in 03:39.16 minutes**

Overall 3rd / Age Group (60-64y) 1st

Category Men

Pool Course

Water 4.60°C, Wind Chill -0.60°C, Altitude 0m, 51.98° N



  
**Ram Barkai**  
IISA Chair

*Netherlands*  
*Chair & Board*

