



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Mona Bunning Christiansen (43y)** 

has successfully competed in  
**Danish National Championships 2026**

Faaborg  
25-Jan-2026

**250m Freestyle in 04:47.61 minutes**

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Overall 19th / Age Group (40-44y) 2nd  
Category Women [Disabled]

Certified Pool Course

Water 0.63°C, Wind Chill -4.30°C, Altitude 0m, 55.10° N



  
**Ram Barkai**  
IISA Chair

*Denmark*  
*Chair & Board*

