



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Kristian Vilstrup (54y) 

has successfully competed in
Danish National Championships 2026

Faaborg
25-Jan-2026

250m Freestyle in 04:10.19 minutes

Overall 12th / Age Group (55-59y) 4th
Category Men

Certified Pool Course

Water 0.63°C, Wind Chill -4.30°C, Altitude 0m, 55.10° N




Ram Barkai
IISA Chair

Denmark
Chair & Board

