



**AMSTERDAM
ICE
SWIM**

POWERED BY SPORTMOMENTJE

CERTIFICATE OF ACHIEVEMENT

This is to certify that

Naomi Apfelbaum Lubek (52y) 

has successfully competed in

Amsterdam Ice Swim

Jeugdland Amsterdam

13-Dec-2025

250m Freestyle in 04:59.11 minutes

Overall 6th / Age Group (50-54y) 2nd

Category Women

Pool Course

Water 8.60°C, Wind Chill 2.70°C, Altitude 0m, 52.36° N

N-ICE Swim (>5°C)




Ram Barkai
IISA Chair

Netherlands
Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION