



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Anel Sytdykova (46y) 

has successfully competed in
Antarctica Nov 2024 - Test Swim

Portal Point, Antarctica

11-Nov-2024

250m Freestyle in 04:59.69 minutes

Overall 4th / Age Group (45-49y) 1st

Category Women

Open Water Course

Water -0.40°C, Wind Chill 4.00°C, Altitude 0m, 64.50° S




Ram Barkai
IISA Chair

Antarctica
Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION