



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Douaa Essamaki (20y)** 

has successfully competed in  
8th Ice Swim in Morocco

Aguelmam Azegza Lake

08-Feb-2025

250m Freestyle in 04:23.92 minutes

Overall 1st / Age Group (18-24y) 1st

Category Women

Open Water Course

Water 5.70°C, Wind Chill 8.00°C, Altitude 1475m, 32.58° N

N-ICE Swim (>5°C)



  
**Ram Barkai**  
IISA Chair

*Morocco*  
*Chair & Board*



INTERNATIONAL ICE SWIMMING ASSOCIATION