



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Elaine K Howley (46y) 

has successfully competed in

IISA USA Nationals

Brookfield Swim Club Chantilly, VA (Washington DC Area)

14-Jan-2024

250m Freestyle in 05:16.88 minutes



Overall 13th / Age Group (45-49y) 4th

Category Women

Certified Pool Course

Water 3.90°C, Wind Chill 0.00°C, Altitude 0m, 38.88° N