



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Thorsten Ullrich-Stegemann (53y)** 

has successfully competed in  
**Ice Swimming Volendam**

zwembad De Waterdam Edam/Volendam  
18-Jan-2020

**Ice Mile in 25:17.73 minutes**

Overall 1st / Age Group (50-54y) 1st  
Category Men

Certified Pool Course

Water 6.70°C, Wind Chill 5.00°C, 52.51° N

**N-ICE Swim (>5°C)**



**Ram Barkai**  
IISA Chair

*Netherlands*  
*Chair & Board*

