



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Martha Wood (56y) 

has successfully competed in
Ice Swim in Morocco

Aguelmam Azegza

19-Jan-2019

Ice Mile in 22:46.02 minutes

Overall 1st / Age Group (55-59y) 1st

Category Women

Open Water Course

Water 4.90°C, Wind Chill -1.80°C, 32.97° N



Ram Barkai
IISA Chair

Morocco
Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION