



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Nadja joy Tønnesen (30y)** 

has successfully competed in  
**Dutch open ice swimming**  
Zwembad Waterdam Volendam  
19-Jan-2018

**Ice Mile in 28:33.16 minutes**

Overall 4th / Age Group (30-34y) 3rd  
Category Women [Disabled]

Certified Pool Course  
Water 3.60°C, Wind Chill 0.30°C, 52.51° N



  
**Ram Barkai**  
IISA Chair

*Netherlands*  
*Chair & Board*



INTERNATIONAL ICE SWIMMING ASSOCIATION