



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Sys Havgaard (49y) 

has successfully competed in
Danish National Championships 2026

Faaborg
24-Jan-2026

100m Individual Medley in 01:51.56 minutes

Overall 17th / Age Group (45-49y) 2nd

Category Women

Certified Pool Course

Water 0.63°C, Wind Chill -4.30°C, Altitude 0m, 55.10° N




Ram Barkai
IISA Chair

Denmark
Chair & Board

