



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Jes Soelgaard (53y) 

has successfully competed in
Danish National Championships 2026

Faaborg
24-Jan-2026

100m Individual Medley in 02:00.90 minutes

Overall 13th / Age Group (50-54y) 5th

Category Men

Certified Pool Course

Water 0.63°C, Wind Chill -4.30°C, Altitude 0m, 55.10° N




Ram Barkai
IISA Chair

Denmark
Chair & Board

