



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Ispas Lucian (37y) 

has successfully competed in
Romania National Ice Swimming Championship

Daimon Sport Club, Bucharest

08-Feb-2025

100m Individual Medley in 01:28.51 minutes

Overall 10th / Age Group (35-39y) 2nd
Category Men

Certified Pool Course

Water 3.01°C, Wind Chill -5.70°C, Altitude 0m, 44.40° N




Ram Barkai
IISA Chair

Romania
Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION