



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Jim West (62y) 

has successfully competed in
IISA NZ & Southern Hemisphere Pool Championships

Alexandra Aquatic Center

13-Jul-2024

100m Individual Medley in 01:58.02 minutes

Overall 3rd / Age Group (60-64y) 1st

Category Men

Certified Pool Course

Water 2.26°C, Wind Chill -3.00°C, Altitude 150m, 45.24° S




Ram Barkai
IISA Chair

New Zealand
Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION